

Immanuel Prayer Session Questions

1. Lord Jesus, when you look at me, what do you see?
2. Lord, when you hear my heart what do you hear?
3. Is there something you want me to tell someone else in the room?
4. Lord, would you encourage me?
5. Is there a loss I need to grieve? Would you give me the courage to face it?
6. Would you help me release my sadness to you?

7. Is there a gift you'd like to give me in exchange for the sadness I've given you?

8. Lord, I want to trust you with my whole heart, will you help me believe?

9. Lord, I am feeling overwhelmed by all I have to do. Would you show me what is mine and what I need to let go of, and order my steps?

10. Lord, would you give me your strategies for this problem or situation?

11. Lord, I'm struggling to love _____ (fill in the blank). Can you show me something that will help me love them like you do?